



# newsletter

## JANUARY 2026



## WE ARE OPEN!

On Sunday 7 December artZone was officially opened by local artist and well-known personality Dom Theobald. Dom cut the ribbon for us and then we all enjoyed a pleasant afternoon with people popping in for a chat. We had people sign up for workshops or left their emails for our monthly newsletter and next months workshop schedule

THANK YOU ALL FOR YOUR SUPPORT!

## PARK RADIO STARS

On Wednesday 10 December the artZone team was on the radio! Nigel Rennie introduced us and then asked us about our different art experiences and practices. We then chatted about artZone and how we would like to bring the artists and other creatives in the area together with workshops and the possibility of other creatives being able to hire the space for their own workshops, quiet space etc



## GUEST ARTISTS: JEAN KIEKOPF & LUCY PERRY



We are looking forward to having the fabulous Jean Kiekopf joining us. She will be holding sculpture workshops for her sitting figurines and these will be held over the space of two mornings. All bookings for this is through Jean: [jksculptures@outlook.com](mailto:jksculptures@outlook.com)

A flyer for artZone art workshops. It features the artZone logo and the text 'art workshops'. It provides details for 'The Artful Drawing Club' on Tuesdays, 27 January, 3 &amp; 10 February, from 10 - 12 midday. It mentions 'Creative drawing sessions with professional artist LUCY PERRY'. It includes a small sketch of a person and the text 'Inspired by Nature these fun, friendly sessions focus on observing the natural world and building creative drawing skills.' A 'BOOK NOW' button and the website 'www.artfulmind.uk' are included. At the bottom, it says 'Tea/coffee/biscuits supplied - feel free to bring your favourite treats!' and includes a small note about places being limited to 8 participants max.

## PORTRAIT & LIFE DRAWING EXCITING NEWS!!!

In February we will be starting one portrait session and one life drawing. This is something we have been asked for and we have listened. We will be using professional models for life drawing and you can use your preferred medium in this class (drawing, painting, ipad).

A flyer for artZone art workshops. It features the artZone logo and the text 'art workshops'. It provides details for a 'Life drawing: Portrait Session' on Friday 6 February, from 10 - 1 pm. It mentions 'Hosted by: artZone (Non tutored)' and '£20 per person'. It includes a small sketch of a person and the text 'These sessions allow and encourage artists to work in any medium and to approach the subject in any way they wish. Paul will be on hand to offer advice and guidance if needed. Bring your own materials of choice.' A 'BOOK NOW' button and the website '07789192311 or email artzone@artbear.co.uk' are included. At the bottom, it says 'Tea/coffee/biscuits supplied - feel free to bring your favourite treats!' and includes a small note about places being limited to 8 participants max.

A flyer for artZone art workshops. It features the artZone logo and the text 'art workshops'. It provides details for a 'Life drawing: Figure' session on Thursday 19 February, from 11 - 2 pm. It mentions 'Hosted by: artZone (Non tutored)' and '£20 per person'. It includes a small sketch of a person and the text 'Available for all levels. These sessions allow and encourage artists to work in any medium and to approach the subject in any way they wish. Paul will be on hand to offer advice and guidance if needed. Bring your own materials of choice.' A 'BOOK NOW' button and the website '07789192311 or email artzone@artbear.co.uk' are included. At the bottom, it says 'Tea/coffee/biscuits supplied - feel free to bring your favourite treats!' and includes a small note about places being limited to 8 participants max.

# OUR FIRST WORKSHOP



What a fun day was had by all! We started off by creating a landscape card using collage and acrylic paint. After loosening up a little and practicing with some different painting methods, some Christmas trees, presents and even good old Santa himself appeared. We enjoyed tea and biscuits, had a good laugh and we are looking at a themed card session monthly.

**WATCH THIS SPACE!**

**GIFT VOUCHERS NOW AVAILABLE**

Fully personalised gift vouchers. Any amount. Add your own message. Emailed either to yourself to print out or directly to your chosen person. Can be redeemed for artzone run workshops or original works of art from Paul or Ally Zawadzki. Valid 12 months from date of purchase.



## art workshops

24A Upper Olland St, Bungay NR35 1BH  
email [artzone@artbear.co.uk](mailto:artzone@artbear.co.uk) tel 07789192311

Places are limited to 8 participants max, which ensures individual attention and support from the tutor.



Free cuddles with the pups too!

MONDAY 2<sup>ND</sup> FEBUARY  
6 TILL 8PM

### 'Meetup@artZone!'

Hosted by: Ally & Paul Zawadzki (artZone)

An informal creative get together, normally the first Monday of each month. Come along and have a chat about anything you want - from fine art, craft, music, photography, poetry and anything else! You don't have to be an artist, just bring your ideas, sketches, work in progress, and your enthusiasm. It's about sharing experience and ideas, and maybe learning something new.

No need to book, but please let us know if you intend to come along.

**FREE**

Tea/coffee/biscuits supplied - feel free to bring your favourite treats.  
A small donation for refreshments would be appreciated.

## SPANGLISH!

Message from Ally:  
I'm looking for Spanish speaking people to meet up socially with, you don't need to be fluent but have at least an idea to have a little bit of a conversation, maybe pick up some new words!





# art workshops

## JANUARY 2026

**\*Unless otherwise stated:** All sessions hosted by artZone, led by Paul Zawadzki (MA), and booked with Ally: [artzone@artbear.co.uk](mailto:artzone@artbear.co.uk), tel 07789192311

Monday 5 6 - 8pm	'Meetup@artZone!' free	
Tuesday 6 10am - midday	Still life (flowers in a jug)	£20
6 - 8pm	Experimental mark-making	£20
Thursday 8 2 - 4pm	'Let's Go!' for absolute beginners	£20
Friday 9 5 - 8pm	Oil painting for beginners	£30
Saturday 10 10am - midday	Perspective for beginners	£20
Monday 12 10am - midday	Working with colour	£20
Wednesday 14 2 - 4pm	Still life (stone and fabric)	£20
Thursday 15 10am - midday	Experimental mark-making	£20
6 - 8pm	'Let's Go!' for absolute beginners	£20

**\*Friday 16** **Sculpture workshop £95**  
**10am-12.30pm with JEAN KIEKOPF**  
**First of two sessions**  
**Booking: [jksculptures@outlook.com](mailto:jksculptures@outlook.com)**

Saturday 17 10am - 1pm	Acrylic scene (Bungay Castle)	£30
Sunday 18 2 - 5pm	Oil painting for beginners	£30
Monday 19 2 - 4pm	Perspective for beginners	£20

Wednesday 21 10am - 1pm	Oil painting for beginners	£30
Thursday 22 6 - 8pm	Working with colour	£20
<b>*Friday 23</b> <b>10am-12.30pm with JEAN KIEKOPF</b> <b>Second of two sessions</b> <b>Booking: <a href="mailto:jksculptures@outlook.com">jksculptures@outlook.com</a></b>		
Saturday 24 6 - 8pm	Still life (fruit bowl)	£20
Sunday 25 2 - 4pm	'Let's Go!' for absolute beginners	£20
Tuesday 27 2 - 4pm	Working with colour	£20
Friday 30 10am - midday	Experimental mark-making	£20
6 - 8pm	Perspective for beginners	£20



Introducing artZone's Paul Zawadzki (MA).

As a contemporary landscape artist, Paul has a 50-year experience of working in oils, acrylics and most other media. He has also worked professionally as a photographer, graphic designer, journalist and editor, as well as being a musician and recording artist.

All workshops are held at 24A Upper Olland Street, Bungay NR35 1BH

Check [www.artbear.co.uk](http://www.artbear.co.uk) for updates and upcoming workshops



# ART WORKSHOPS FEBRUARY 2026

**\*Unless otherwise stated:** All sessions hosted by artZone, led by Paul Zawadzki (MA), and booked with Ally: [artzone@artbear.co.uk](mailto:artzone@artbear.co.uk), tel 07789192311

<b>*Sunday 1</b> 2 - 4pm Booking: <a href="mailto:susannawallis@icloud.com">susannawallis@icloud.com</a>	<b>Needle felted Heart with SUSANNA WALLIS</b>	<b>£30</b>
Monday 2 10 - 1pm	<b>Fun with drips and splashes</b>	<b>£30</b>
Monday 2 6 - 8pm	<b>'Meetup@artZone!'</b>	<b>free</b>
<b>*Tuesday 3</b> 10am-midday Booking: <a href="http://www.artfulmind.uk">www.artfulmind.uk</a>	<b>The Artful Drawing Club with LUCY PERRY</b>	<b>£20</b>
Tuesday 3 5 - 8pm	<b>Oil painting for beginners</b>	<b>£30</b>
Wednesday 4 10 - midday	<b>'Let's Go!' for absolute beginners</b>	<b>£20</b>
Friday 6 10am - 1pm	<b>Life drawing:Portrait</b>	<b>£20</b>
Saturday 7 10am - midday	<b>Still life (Stack of books)</b>	<b>£20</b>
<b>*Saturday 7</b> 2 - 4pm Booking: <a href="mailto:susannawallis@icloud.com">susannawallis@icloud.com</a>	<b>Metal Embossing -Mexican Milagros with SUSANNA WALLIS</b>	<b>£30</b>
<b>*Tuesday 10</b> 10am-midday Booking: <a href="http://www.artfulmind.uk">www.artfulmind.uk</a>	<b>The Artful Drawing Club with LUCY PERRY</b>	<b>£20</b>
Tuesday 10 2 - 4pm	<b>Introduction to drawing</b>	<b>£20</b>
Wednesday 11 2 - 4pm	<b>'Let's Go!' for absolute beginners</b>	<b>£20</b>
Thursday 12 10am - 1pm	<b>Acrylic scene (Church and trees)</b>	<b>£30</b>
Thursday 12 6 - 8pm	<b>Valentines cards acrylic and collage</b>	<b>£20</b>

Sunday 15 2 - 4pm	<b>Still life (china tea set)</b>	<b>£20</b>
Monday 16 10 - 1pm	<b>Oil painting for beginners</b>	<b>£30</b>
Tuesday 17 2 - 5pm	<b>Fun with drips and splashes</b>	<b>£30</b>
Thursday 19 11 - 2pm	<b>Life Drawing with professional life model</b>	<b>£20</b>
Friday 20 6 - 8pm	<b>'Let's Go!' for absolute beginners</b>	<b>£20</b>
<b>*Saturday 21</b> 10am-12.30pm Booking: <a href="mailto:jksculptures@outlook.com">jksculptures@outlook.com</a>	<b>Sculpture workshop with JEAN KIEKOPF</b> First of two sessions	<b>£95</b>
Monday 23 10 - midday	<b>Introduction to drawing</b>	<b>£20</b>
Monday 23 6 - 8pm	<b>Still life (Antique statue and vase)</b>	<b>£20</b>
<b>*Tuesday 24</b> 10am-midday Booking: <a href="http://www.artfulmind.uk">www.artfulmind.uk</a>	<b>The Artful Drawing Club with LUCY PERRY</b>	<b>£20</b>
Wednesday 25 11am - 2pm	<b>Acrylic scene (Coastal scene)</b>	<b>£30</b>
Thursday 26 2 - 5 pm	<b>Oil painting for beginners</b>	<b>£30</b>
Friday 27 5 - 8pm	<b>Fun with drips and splashes</b>	<b>£30</b>
<b>*Saturday 28</b> 10am-12.30pm Booking: <a href="mailto:jksculptures@outlook.com">jksculptures@outlook.com</a>	<b>Sculpture workshop with JEAN KIEKOPF</b> Second of two sessions	

All workshops are held at 24A Upper Olland Street, Bungay NR35 1BH

Check [www.artbear.co.uk](http://www.artbear.co.uk) for updates and upcoming workshops