



newsletter

JANUARY 2026



WE ARE OPEN!

On Sunday 7 December artZone was officially opened by local artist and well-known personality Dom Theobald. Dom cut the ribbon for us and then we all enjoyed a pleasant afternoon with people popping in for a chat. We had people sign up for workshops or left their emails for our monthly newsletter and next months workshop schedule

THANK YOU ALL FOR YOUR SUPPORT!

PARK RADIO STARS

On Wednesday 10 December the artZone team was on the radio! Nigel Rennie introduced us and then asked us about our different art experiences and practices. We then chatted about artZone and how we would like to bring the artists and other creatives in the area together with workshops and the possibility of other creatives being able to hire the space for their own workshops, quiet space etc



GUEST ARTISTS: JEAN KIEKOPF & LUCY PERRY



We are looking forward to having the fabulous Jean Kiekopf joining us. She will be holding sculpture workshops for her sitting figurines and these will be held over the space of two mornings. All bookings for this is through Jean: jksculptures@outlook.com

art workshops

24A Upper Olland St, Bungay NR35 1BH
email artzone@artbear.co.uk tel 07789192311

Places are limited to 8 participants max, which ensures individual attention and support from the tutor.

Tuesdays: 27 January, 3 & 10 February

The Artful 10 - 12 midday Drawing Club

Creative drawing sessions with professional artist **LUCY PERRY**

Pencil | charcoal | ink | collage

Inspired by Nature these fun, friendly sessions focus on observing the natural world and building creative drawing skills.

£20 per session

BOOK NOW

Booking online at: www.artfulmind.uk

Tea/coffee/biscuits supplied - feel free to bring your favourite treats!

PORTRAIT & LIFE DRAWING

EXCITING NEWS!!!

In Febuary we will be starting one portrait session and one life drawing. This is something we have been asked for and we have listened. We will be using professional models for life drawing and you can use your preferred medium in this class (drawing, painting, ipad).

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Places are limited to 8 participants max, which ensures individual attention and support from the tutor.

Friday 6 February 10 - 1pm

Life drawing: Portrait Session

Hosted by: artZone (Non tutored)

Suitable for all levels. These sessions allow and encourage artists to work in any medium and to approach the subject in any way they wish. Paid models will be on hand to offer advice and guidance if needed. Bring your own materials if choice.

£20 per person

BOOK NOW

To book a place please phone Ally on 07789192311 or email artzone@artbear.co.uk

Tea/coffee/biscuits supplied - feel free to bring your favourite treats!

art workshops

24A Upper Olland St, Bungay NR35 1BH
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Places are limited to 8 participants max, which ensures individual attention and support from the tutor.

Thursday 19 February 11 - 2pm

Life drawing: Figure

Hosted by: artZone (Non tutored)

Suitable for all levels. These sessions allow and encourage artists to work in any medium and to approach the subject in any way they wish. Paid models will be on hand to offer advice and guidance if needed. Bring your own materials if choice.

£20 per person

BOOK NOW

To book a place please phone Ally on 07789192311 or email artzone@artbear.co.uk

Tea/coffee/biscuits supplied - feel free to bring your favourite treats!

OUR FIRST WORKSHOP



What a fun day was had by all! We started off by creating a landscape card using collage and acrylic paint. After loosening up a little and practicing with some different painting methods, some Christmas trees, presents and even good old Santa himself appeared. We enjoyed tea and biscuits, had a good laugh and we are looking at a themed card session monthly.

WATCH THIS SPACE!



GIFT VOUCHERS NOW AVAILABLE

Fully personalised gift vouchers. Any amount. Add your own message. Emailed either to yourself to print out or directly to your chosen person. Can be redeemed for artzone run workshops or original works of art from Paul or Ally Zawadzki. Valid 12 months from date of purchase.



art workshops

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Free cuddles with the pups too!

FREE

MONDAY 2ND FEBRUARY
6 TILL 8PM

'Meetup@artZone!'

Hosted by: Ally & Paul Zawadzki (artZone)

An informal creative get together, normally the first Monday of each month. Come along and have a chat about anything you want - from fine art, craft, music, photography, poetry and anything else! You don't have to be an artist, just bring your ideas, sketches, work in progress, and your enthusiasm. It's about sharing experience and ideas, and maybe learning something new.

No need to book, but please let us know if you intend to come along.

Tea/coffee/biscuits supplied - feel free to bring your favourite treats.
A small donation for refreshments would be appreciated.

SPANGLISH!

Message from Ally:
I'm looking for Spanish speaking people to meet up socially with, you don't need to be fluent but have at least an idea to have a little bit of a conversation, maybe pick up some new words!





art workshops

JANUARY 2026

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Monday 5
6 - 8pm
'Meetup@artZone!' free

Tuesday 6
10am - midday
Still life (flowers in a jug) £20

6 - 8pm
Experimental mark-making £20

Thursday 8
2 - 4pm
'Let's Go!' for absolute beginners £20

Friday 9
5 - 8pm
Oil painting for beginners £30

Saturday 10
10am - midday
Perspective for beginners £20

Monday 12
10am - midday
Working with colour £20

Wednesday 14
2 - 4pm
Still life (stone and fabric) £20

Thursday 15
10am - midday
Experimental mark-making £20

6 - 8pm
'Let's Go!' for absolute beginners £20

***Friday 16 Sculpture workshop £95**
10am-12.30pm **with JEAN KIEKOPF**
First of two sessions
Booking: jksculptures@outlook.com

Saturday 17
10am - 1pm
Acrylic scene (Bungay Castle) £30

Sunday 18
2 - 5pm
Oil painting for beginners £30

Monday 19
2 - 4pm
Perspective for beginners £20

Wednesday 21
10am - 1pm
Oil painting for beginners £30

Thursday 22
6 - 8pm
Working with colour £20

***Friday 23 Sculpture workshop**
10am-12.30pm **with JEAN KIEKOPF**
Second of two sessions
Booking: jksculptures@outlook.com

Saturday 24
6 - 8pm
Still life (fruit bowl) £20

Sunday 25
2 - 4pm
'Let's Go!' for absolute beginners £20

Tuesday 27
2 - 4pm
Working with colour £20

Friday 30
10am - midday
Experimental mark-making £20

6 - 8pm
Perspective for beginners £20



Introducing artZone's Paul Zawadzki (MA).

As a contemporary landscape artist, Paul has a 50-year experience of working in oils, acrylics and most other media. He has also worked professionally as a photographer, graphic designer, journalist and editor, as well as being a musician and recording artist.

All workshops are held at 24A Upper Olland Street, Bungay NR35 1BH

Check www.artbear.co.uk for updates and upcoming workshops



ART WORKSHOPS

FEBRUARY 2026

***Unless otherwise stated:** All sessions hosted by artZone, led by Paul Zawadzki (MA), and booked with Ally: artzone@artbear.co.uk, tel 07789192311

***Sunday 1**
2 - 4pm
Needle felted Heart with SUSANNA WALLIS
£30
Booking: susannawallis@icloud.com

Monday 2
10 - 1pm
Fun with drips and splashes
£30

Monday 2
6 - 8pm
'Meetup@artZone!'
free

***Tuesday 3**
10am-midday
The Artful Drawing Club with LUCY PERRY
£20
Booking: www.artfulmind.uk

Tuesday 3
5 - 8pm
Oil painting for beginners
£30

Wednesday 4
10 - midday
'Let's Go!' for absolute beginners
£20

Friday 6
10am - 1pm
Life drawing:Portrait
£20

Saturday 7
10am - midday
Still life (Stack of books)
£20

***Saturday 7**
2 - 4pm
Metal Embossing -Mexican Milagros with SUSANNA WALLIS
£30
Booking: susannawallis@icloud.com

***Tuesday 10**
10am-midday
The Artful Drawing Club with LUCY PERRY
£20
Booking: www.artfulmind.uk

Tuesday 10
2 - 4pm
Introduction to drawing
£20

Wednesday 11
2 - 4pm
'Let's Go!' for absolute beginners
£20

Thursday 12
10am - 1pm
Acrylic scene (Church and trees)
£30

Thursday 12
6 - 8pm
Valentines cards acrylic and collage
£20

Sunday 15
2 - 4pm
Still life (china tea set)
£20

Monday 16
10 - 1pm
Oil painting for beginners
£30

Tuesday 17
2 - 5pm
Fun with drips and splashes
£30

Thursday 19
11 - 2pm
Life Drawing with professional life model
£20

Friday 20
6 - 8pm
'Let's Go!' for absolute beginners
£20

***Saturday 21**
10am-12.30pm
Sculpture workshop with JEAN KIEKOPF
£95
First of two sessions
Booking: jksculptures@outlook.com

Monday 23
10 - midday
Introduction to drawing
£20

Monday 23
6 - 8pm
Still life (Antique statue and vase)
£20

***Tuesday 24**
10am-midday
The Artful Drawing Club with LUCY PERRY
£20
Booking: www.artfulmind.uk

Wednesday 25
11am - 2pm
Acrylic scene (Coastal scene)
£30

Thursday 26
2 - 5 pm
Oil painting for beginners
£30

Friday 27
5 - 8pm
Fun with drips and splashes
£30

***Saturday 28**
10am-12.30pm
Sculpture workshop with JEAN KIEKOPF
£95
Second of two sessions
Booking: jksculptures@outlook.com

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Check www.artbear.co.uk for updates and upcoming workshops